



# SERENITY

*Spa*

MASSAGES, FACIAL & BODY  
TREATMENTS

[www.royalriver.es](http://www.royalriver.es)

# Massages

## *Hot Stones (70 mint.) 100€*

Volcanic stones are frequency treasures that transmit positive energy and vibrations to the body complimented with an Ayurvedic massage to balance body and mind.

## *Relaxing (25 mint.) 45€ - (50 mint.) 80€*

Manual therapy designed to improve personal well-being, relieve tension and achieve a state of mental relaxation, through gentle movement and manipulation.

## *Therapeutic (25 mint.) 55€ - (50 mint.) 90€*

Manual treatment aimed at reducing aches and pains, alleviating or eliminating muscle tension and improving blood circulation, through energizing movements and manipulations.

## *Quirogolf (70 mint.) 100€*

A Deep body massage (from head to toe) with golf balls, whose actions act synergistically to relieve nerve pressure, soothe muscle and joint discomfort, improve flexibility, eliminate stress and anxiety, recuperate physical and mental energy.

## *Reflexology (45 mint.) 45€*

Therapeutic technique based on the stimulation of specific points called reflex zones, located on the feet. By carefully applying pressure on the correct points for each individual, it is possible to produce positive effects throughout the entire body.

## *Craniofacial (25 mint.) 30€*

Arried out on both the head and facial area, this massage aims to activate circulation and release built-up stress and tension.

## *Circulatory (25 mint.) 45€*

Revive tired legs with this massage which mobilises body fluids in order to stimulate blood circulation and increase the lymphatic flow.